



## ABOUT P.H. MEDICAL CENTRE

P. H. Medical Centre is equipped with all the state-of-the-art diagnostic technology you would expect from a leading diagnostic centre. Our Centre offers a full array of diagnostic services. With leading-edge technologies and trained specialists, we are able to provide diagnosis for routine or not-so-routine medical problems. The doctors are all board certified and work closely with staff to ensure that our patients have access to experienced staff and advanced technology.

### FACILITIES AVAILABLE AT P.H.

- |                               |                           |
|-------------------------------|---------------------------|
| ▶ Pathology                   | ▶ Health Checkup          |
| ▶ Multislice CT Scan          | ▶ Diet Plan               |
| ▶ O.P.G. (Digital)            | ▶ Colour Doppler          |
| ▶ Digital X-ray (DDR)         | ▶ Mammography             |
| ▶ Lateral Cephalogram         | ▶ Stress Test             |
| ▶ ECG                         | ▶ 2 D Echo Colour Doppler |
| ▶ Allergy Test (Blood)        | ▶ Eye Check up            |
| ▶ Bone Mineral Density (Dexa) | ▶ E.N.T./Audiometry       |
| ▶ P.F.T                       | ▶ Sonography (3D/4D)      |
| ▶ Body Fat Analyzer           | ▶ E.E.G.                  |
| ▶ CBCT (Santacruz)            | ▶ MRI (Santacruz)         |



## P. H. MEDICAL CENTRE

**25+ YEARS**

*of Expertise*

*Preventing illness & Promoting Wellness*

Juhu Road, **Santacruz West**, Mumbai 400 054  
Phone : 2646 3030 - 2605 3030  
Mob.: 90290 23030 - 90293 99090

Shri Ganesh Aangan Soc., Next to Thakur Mall,  
Thakur Village, **Kandivali East**, Mumbai 400 101  
Phone : 022 2887 8777  
Mob.: 9167 67 61 67

Email : [info@phmedicalcentre.com](mailto:info@phmedicalcentre.com)  
[www.phmedicalcentre.com](http://www.phmedicalcentre.com)

Timings 7 am to 8 pm  
**Closed on Sundays Only**



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# Health Checkup Packages



## Healthcare Services & Management

[www.phmedicalcentre.com](http://www.phmedicalcentre.com)

#### DISCLAIMER

All material provided in this brochure is provided for educational and informational purposes only. Consult with your doctor regarding the advisability of any opinions or recommendations with respect to your individual situation. The management reserves the right to change any information and prices mentioned herein without prior notice for improvement of performance.

Please collect your report within one month as management would not be responsible after that

## HEALTH CHECK UP PACKAGES

ROYAL PRIVILEGE PREMIUM COMPREHENSIVE WOMENS CHECK UP  
(at Santacruz)

### PATHOLOGY TEST

Complete Blood Count  
ESR  
Urine

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### DIABETIC EVALUATION

Blood Sugar Fasting/Post Prandial  
HbA1c (3 Months Sugar Control Test)  
Blood Sugar Random

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
- - - - ✓

### LIVER PROFILE

SGOT/SGPT/GGTP  
Bilirubin/Total Proteins  
Alkaline Phosphatase

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### LIPID PROFILE

Total Cholesterol/Triglycerides  
HDL/LDL/VLDL - Cholesterol  
Cholesterol/ HDL Cholesterol ratio

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### KIDNEY PROFILE

BUN/Uric Acid/Creatinine  
S. Sodium/S.Potassium/S.Chlorides  
Phosphorous/Calcium

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### CARDIAC (HEART RISK EVALUATION)

ECG (12 LEADS)  
Stress Test  
2-D Echo Colour Doppler

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ - ✓

### IMAGING

Sonography Of Abdomen And Pelvis  
Chest X-Ray (Digital)

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### WOMEN'S CHECK-UP

PAP Smear Test  
Mammography, Sono Mammography

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ - ✓

### CONSULTATION

Consultation By Physician  
ENT Consultation With Audiogram  
Ophthalmic Consultation (Eye Test)  
Dental Check Up  
Dietician Counselling (With Body Fat Analysis)  
Consultation by Gynaecologist

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### SPECIAL INVESTIGATIONS

Pulmonary Function Test (For Lungs)  
Bone Mineral Densitometry (DEXA Scan)  
Thyroid Profile (T<sub>3</sub>, T<sub>4</sub>, TSH)  
HbsAg  
Vitamin B12  
Vitamin D  
Magnesium  
Homocysteine

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ - ✓  
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### CANCER RISK

CA 125 (For Females)  
PSA (For Males)

✓ ✓ - - ✓  
✓ ✓ ✓ - -

### CAROTID COLOUR DOPPLER (For Neck Vessels)

✓ ✓ - - -

### CT BRAIN PLAIN

✓ - - - -

### MRI (Any 1 Study) By Default Lumbar Sacral Spine

✓ - - - -

**AMOUNT (Rs.)**

29500 20500 16200 9900 9700

## GUIDELINES FOR HEALTH CHECK-UP

- ▶ You are requested to make an appointment.
- ▶ Minimum of 10 to 12 hrs fasting is essential prior to the check-up, you may drink water.
- ▶ Complete abstinence from alcohol at least 24 hours prior to check-up.
- ▶ Please carry your regular medication when you come for check-up.
- ▶ Wear loose clothing, no jewellery & easily removable footwear if possible.
- ▶ Report at reception between 8.30 am to 9.30 am.
- ▶ During the course of investigation breakfast will be provided.
- ▶ Bring all your past medical records if any.
- ▶ If you are wearing lenses please remove them two days prior to the Health Check-Up.
- ▶ Additional test if required apart from package will be charged separately.
- ▶ Duration of Check-up may range from 4 to 6 hours depending upon the package selected.
- ▶ After completion of the check-up, we would appreciate if you could fill the feed-back form.
- ▶ Second consultation with the Physician will be by appointment along with the reports at no additional cost if done within 7 working days.
- ▶ In case of non-availability of certain tests on that particular day the patients will be called at next convenient date.
- ▶ P.H.Medical reserves the right to modify any content of Health check-up without any prior notice.
- ▶ Reports will be emailed to you after completion of test.



Blood collection can be arranged from your residence with prior intimation.

