

#### ABOUT P.H. MEDICAL CENTRE

P.H. Medical Centre is equipped with all the state-of-the-art diagnostic technology you would expect from a leading diagnostic centre. Our Centre offers a full array of diagnostic services. With leading-edge technologies and trained specialists, we are able to provide diagnosis for routine or not-so-routine medical problems. The doctors are all board certified and work closely with staff to ensure that our patients have access to experienced staff and advanced technology.

FACILITIES AVAILA	ABLE AT P.H.
<b>■</b> MRI	2-D Echo
<b>▶</b> Health Check-Up	O.P.G. (Digital)
Pathology	■ E.E.G.
<b>■</b> Multislice CT Scan	Colour Doppler
■ Sonography (3D/4D)	■ Allergy Test
<b>■</b> Colour Doppler	<b>▶</b> P.F.T
<b>■</b> Mammography (Digital)	<b>■</b> Eye Check-Up
Digital X-ray	<b>■</b> E.N.T./Audiometry
<b>▶</b> ECG	<b>■</b> Body Fat Analyzer
<b>▶</b> Stress Test	Diet Plan
<b>▶</b> Bone Mineral Density (DEXA)	<b>■</b> CBCT

#### DISCLAIMER

All material provided in this brochure is provided for educational and informational purposes only. Consult with your doctor regarding the advisability of any opinions or recommendations with respect to your individual situation. The management reserves the right to change any information and prices mentioned herein without prior notice for improvement of performance.



### P. H. MEDICAL CENTRE

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Timings 7 am to 8 pm Closed on Sundays Only







## Health Checkup Packages



### Healthcare Services & Management

www.phmedicalcentre.com







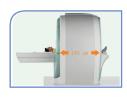
### **GUIDELINES FOR HEALTH CHECK-UP**



- You will Kindly make an appointment.
- Minimum of 10 to 12 hrs fasting is essential prior to the check-up, you may drink water.
- Complete abstinence from alcohol at least 24 hours prior to check-up.
- Please carry your regular medication when you come for check-up.
- Wear loose clothing, no jewellery & easily removable footwear if possible.
- Report at reception between 8.30 am to 9.30 am.
- During the course of investigation breakfast will be provided.
- ▶ Bring all your past medical records if any.
- If you are wearing lenses please remove them two days prior to the Health Check-Up.
- Additional test if required apart from package will be charged separately.
- Duration of Check-up may range from 4 to 6 hours depending upon the package selected.
- After completion of the check-up, we would appreciate if you could fill the feed-back form.
- Second consultation with Physician the next working day along with reports will be at no additional cost.
- In case of non-availability of certain tests on that particular day the patients will be called at next convenient date.
- P.H.Medical reserves the right to modify any content of Health checkup without any prior notice.
- Reports will be emailed to you after completion of test.



Blood collection can be arranged from your residence with prior intimation.









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**AMOUNT (Rs.)** 

HEALTH CHECK UP PACKAGES	ROYAL	PRIVILEGE	PREMIUM	COMPREHENSIVE	WOMENS CHECK UP
PATHOLOGY TEST		,		,	
Complete Blood Count ESR	✓ ✓	✓ ✓	<b>✓</b>	<b>√</b>	<b>✓</b>
Urine	<b>√</b>	<b>√</b>	· /	<b>,</b> ✓	_
DIABETIC EVALUATION					
Blood Sugar Fasting/Post Prandial	<b>✓</b>	$\checkmark$	$\checkmark$	$\checkmark$	_
HbA1c (3 Months Sugar Control Test) Blood Sugar Random	<b>✓</b>	$\checkmark$	$\checkmark$	<b>√</b>	_
					<b>V</b>
LIVER PROFILE SGOT/SGPT/GGTP	<b>√</b>	✓	$\checkmark$	<b>√</b>	_
Bilirubin/Total Proteins	· ✓	· ✓	· ✓	<b>,</b> ✓	_
Alkaline Phosphatase	✓	$\checkmark$	$\checkmark$	$\checkmark$	_
LIPID PROFILE					
Total Cholestrol/Triglycerides	<b>√</b>	$\checkmark$	$\checkmark$	$\checkmark$	_
HDL/LDL/VLDL-Cholesterol Cholesterol/ HDL Cholesterol ratio	<b>√</b>	✓ ✓	<b>✓</b>	<b>√</b>	_
KIDNEY PROFILE		•	· · · · · · · · · · · · · · · · · · ·	•	
BUN/Uric Acid/Creatinine	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<u> </u>
S. Sodium/S.Potassium/S.Chlorides	· ✓	✓	<b>√</b>	✓	_
Phosphorous/Calcium	✓	$\checkmark$	$\checkmark$	$\checkmark$	_
CARDIAC (HEART RISK EVALUATION)					
ECG (12 LEADS)	<b>✓</b>	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Stress Test	<b>✓</b>	$\checkmark$	$\checkmark$	$\checkmark$	_
2-D Echo Colour Doppler	<b>√</b>	<b>√</b>	<b>√</b>	_	_
IMAGING		,			,
Sonography Of Abdomen And Pelvis Chest X-Ray (Digital)	<b>√</b>	<b>✓</b>	<b>√</b>	<b>√</b>	<b>✓</b> _
				<u> </u>	
WOMEN'S CHECK-UP					,
PAP Smear Test Mammography, Sono Mammography	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b> _	<b>∨</b> ✓
		•	<u> </u>		•
CONSULTATION Consultation Pty Physician			/		_
Consultation By Physician ENT Consultation With Audiogram	<b>√</b>	<b>✓</b>	<b>√</b>	<b>∨</b> ✓	_
Ophthalmic Consultation (Eye Test)	<b>√</b>	✓	✓	<b>√</b>	_
Dental Check Up	<b>√</b>	$\checkmark$	$\checkmark$	✓	_
Dietician Counselling (With Body Fat Analysis) Consultation by Gynaecologist	✓ ✓	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
SPECIAL INVESTIGATIONS		•	•	•	<u> </u>
Pulmonary Function Test (For Lungs)	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	_
Bone Mineral Densitometry (DEXA Scan)	<b>√</b>	√ ·	✓	<del>-</del>	$\checkmark$
Thyroid Profile (T3,T4,TSH)	<b>√</b>	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
HbsAg Vitamin B12	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	<b>√</b>	<b>✓</b>	<b>v</b>	_
Vitamin D	<b>✓</b>	<b>√</b>	_	_	_
CANCER RISK					
CA 125 (For Females)	<b>✓</b>	$\checkmark$	_	_	_
PSA (For Males)	✓	✓			
CAROTID COLOUR DOPPLER (For Neck Vessels)	✓	✓	_	_	_
CT BRAIN PLAIN	✓	_	-	_	_
MRI (Any 1 Study) By Default Lumbar Sacral Spine	✓	-	_	_	-
AMOUNT (De )	07500	10500	14500	8200	<b>7700</b>

19500

14500

8200

7700