



## ABOUT P.H. MEDICAL CENTRE

P. H. Medical Centre is equipped with all the state-of-the-art diagnostic technology you would expect from a leading diagnostic centre. Our Centre offers a full array of diagnostic services. With leading-edge technologies and trained specialists, we are able to provide diagnosis for routine or not-so-routine medical problems. The doctors are all board certified and work closely with staff to ensure that our patients have access to experienced staff and advanced technology.



## P. H. MEDICAL CENTRE

**25+ YEARS**

*of Expertise  
Preventing illness & Promoting Wellness*

Shri Ganesh Aangan Soc., Next to Thakur Mall,  
Thakur Village, **Kandivali East**, Mumbai 400 101  
Phone : 022 2887 8777  
Mob.: 9167 67 61 67

Email : [info@phmedicalcentre.com](mailto:info@phmedicalcentre.com)  
[www.phmedicalcentre.com](http://www.phmedicalcentre.com)



**25+ YEARS**

*of Expertise  
Preventing illness &  
Promoting Wellness*

# Health Checkup Packages



**Healthcare Services  
& Management**

[www.phmedicalcentre.com](http://www.phmedicalcentre.com)

### FACILITIES AVAILABLE AT P.H.

- |                               |                           |
|-------------------------------|---------------------------|
| ▶ Pathology                   | ▶ Health Checkup          |
| ▶ Multislice CT Scan          | ▶ Diet Plan               |
| ▶ O.P.G. (Digital)            | ▶ Colour Doppler          |
| ▶ Digital X-ray (DDR)         | ▶ Mammography             |
| ▶ Lateral Cephalogram         | ▶ Stress Test             |
| ▶ ECG                         | ▶ 2 D Echo Colour Doppler |
| ▶ Allergy Test (Blood)        | ▶ Eye Check up            |
| ▶ Bone Mineral Density (Dexa) | ▶ E.N.T./Audiometry       |
| ▶ P.F.T                       | ▶ Sonography (3D/4D)      |
| ▶ Body Fat Analyzer           | ▶ E.E.G.                  |
| ▶ CBCT (Santacruz)            | ▶ MRI (Santacruz)         |

#### DISCLAIMER

All material provided in this brochure is provided for educational and informational purposes only. Consult with your doctor regarding the advisability of any opinions or recommendations with respect to your individual situation. The management reserves the right to change any information and prices mentioned herein without prior notice for improvement of performance.

Please collect your report within one month as management would not be responsible after that



## HEALTH CHECK UP PACKAGES

SUPREME EXECUTIVE ESSENTIAL PRIME BASIC

### PATHOLOGY TEST

Complete Blood Count  
ESR  
Urine

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### DIABETIC EVALUATION

Blood Sugar Fasting  
Post Prandial  
HbA1c (3 Months Sugar Control Test)

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### LIVER PROFILE

SGOT/SGPT  
GGTP  
Bilirubin  
Total Proteins  
Alkaline Phosphatase

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### LIPID PROFILE

Total Cholesterol  
Triglycerides  
HDL/LDL/VLDL - Cholesterol  
Cholesterol/ HDL Cholesterol ratio

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### KIDNEY PROFILE

BUN/Uric Acid  
Creatinine  
S. Sodium/S.Potassium/S.Chlorides  
Phosphorous  
Calcium

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### CARDIAC (HEART RISK EVALUATION)

ECG (12 LEADS)  
Stress Test  
2-D Echo Colour Doppler

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### IMAGING

Sonography Of Abdomen And Pelvis  
Chest X-Ray (Digital)

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓

### WOMEN'S CHECK-UP

Mammography, Sono Mammography

✓ ✓ ✓ - -

### SPECIAL INVESTIGATIONS

Pulmonary Function Test (For Lungs)  
Bone Mineral Densitometry (DEXA Scan)  
Thyroid Profile ( T3,T4,TSH)  
HbsAg  
Vitamin B12  
Vitamin D  
Magnesium  
Homocysteine

✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ ✓ ✓ ✓  
✓ ✓ - - -

### CANCER RISK

CA 125 (For Females)  
PSA (For Males)

✓ ✓ - - -  
✓ ✓ ✓ - -

### CAROTID COLOUR DOPPLER (For Neck Vessels)

✓ ✓ - - -

### CT BRAIN PLAIN

✓ - - - -

(Breakfast not included)

AMOUNT (Rs.)

~~37,000~~ ~~31,600~~ ~~26,400~~ ~~15,850~~ ~~8,950~~  
19,800 16,200 12,700 7,900 4,700



## GUIDELINES FOR HEALTH CHECK-UP

- ▶ You are requested to make an appointment.
- ▶ Minimum of 10 to 12 hrs fasting is essential prior to the check-up, you may drink water.
- ▶ Complete abstinence from alcohol at least 24 hours prior to check-up.
- ▶ Please carry your regular medication when you come for check-up.
- ▶ Wear loose clothing, no jewellery & easily removable footwear if possible.
- ▶ Report at reception between 8.30am to 9.30am.
- ▶ During the course of investigation breakfast will be provided.
- ▶ Bring all your past medical records if any.
- ▶ Additional test if required apart from package will be charged separately.
- ▶ Duration of Check-up may range from 4 to 6 hours depending upon the package selected.
- ▶ After completion of the check-up, we would appreciate if you could fill the feed-back form.
- ▶ In case of non-availability of certain tests on that particular day the patients will be called at next convenient date.
- ▶ P.H. Medical reserves the right to modify any content of Health Check-up without any prior notice.
- ▶ Reports will be emailed to you after completion of test.



Blood collection can be arranged from your residence with prior intimation.

